

# CRYSTALLINE LIVING WATER MATRIX

**Channeled & Founded By :**

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**WATER :**

There are two types of “water “ in the body, inter-cellular and intra-cellular fluid. Inter-cellular fluid is the fluid outside an individual cell, while intra-cellular fluid is the fluid inside the cell. Both are necessary for the proper functioning of the cell, but most people do not recognize the absolutely crucial nature of drinking water that can achieve maximum intra-cellular hydration. To have biological activity, the cells must absorb the water.

Research in the field of cellular hydration has shown that when cells absorb water and swell up, the action triggers the anabolic healing mechanism. The anabolic state is accompanied by a positive nitrogen balance, protein synthesis and growth hormone release. Cellular hydration results in a balanced pH, increased fat burning, better resistance to viruses and reduced free radical damage. When cells become dehydrated, the action triggers the catabolic state, which can be seen as muscle wasting, inflammation and premature aging.

The modern scientific understanding of water clearly shows that all waters are not created equal when it comes to their ability to put water inside the cells. The cells of the body make up the tissues, which in turn extend their organization to the level of an organ (like the liver and kidney) and then to the systems of the body, such as the digestive system, the endocrine system and the central nervous system. The body simply does not function properly when the cells are dehydrated. Dehydrated cells can lead to cell hypoxia (oxygen starvation and no energy), cell catabolism (cell death), DNA damage (cancer), cell acidity (accumulated toxins that short circuit enzymatic pathways) and accelerated cell aging (improper function). Accumulate enough dehydrated cells and you have a systemic failure, such as a heart attack.

To your cells, water is everything. Over 99% of the biological reactions in the body involve water as the source of a hydrogen proton donor. Water is needed to deliver and metabolize nutrients. Water is required to eliminate toxic waste. The electrical resistance and capacitance of intra-cellular water greatly affects communication pathways

throughout the body. Water is needed to support protein structure and enzyme activity. Water even serves as the adhesive that holds together the various structures in a cell's architecture. When these functions of water are compromised through de-hydration at the cellular level, disease and the aging process begin to manifest and accelerate.

### **CRYSTALLINE LIVING WATER MATRIX :**

In all realms water is the main conductor of divine energies throughout the cosmos. Water is the underlying support system of all that exists in the cosmic ocean. This Crystalline Living Water Matrix intent is to reconnect and balance your water ways throughout your body, chakra systems, glands and organs anchoring once again the divine energies from source onto earth. This will bring more divine love. Divine light, and divine power. As you work with this system it will help assist in the shift in consciousness to a higher level for all of humanity on earth.

This system is a self attunement system and only for touch healing/hands – on healing session.

### **SELF TREATMENT :**

1. Drink a glass of water, Non alcohol ☺
2. Sit in a comfort position, but keep the spine straight. Place your palms in a part of your body (Usually in the thighs, chest/Heart Chakra). Relaxing your breathing. Breathe in slowly through your nose and exhale through your mouth until you reach an alpha state.
3. Mentally : *“Crystalline Living Water Matrix. Love and Thank you !”*
4. Still in position, don't think about the process. Let the energy flow by itself in your whole body.

### TREATMENT FOR OTHERS :

1. Suggest your client to drink a glass of water.
2. Stands behind your client. Put your palms in his shoulder.
3. Mentally : *“Crystalline Living Water Matrix. Love and Thank you !”*
4. Still in position, don't think about the process. Let the energy flow by itself through you to your patient's body.

### BLESSING FOR WATER :

1. Hold a glass of water.
2. Mentally : *“Crystalline Living Water Matrix. Love and Thank you !”*
3. Wait for about 5 minutes and this process have been completed.

### SELF ATTUNEMENT PROCEDURE :

1. Sit in a comfort position. relax and take deeply breath.
2. Mentally (To your Higher Self) : *“I ask that I may be receive the attunement of Crystalline Living Water Matrix from the Source as channeled by Hari Andri Winarso, perfectly. Thank you !”*
3. Enter a deep meditation.
4. Follow your Guidance, when you have feel enough, this attunement process have done. Open your eyes and smile !

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### Additional Attunements

More attunements are available at

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THANK YOU!